





## SPA VILLAGE BATH

Tapping into the original natural thermal springs, Spa Village Bath offers a contemporary perspective on the city's thermal water heritage. Coupled with the historic use of aromatherapy in Great Britain, this spa, within the Gainsborough Bath Spa hotel, gently supports the brand's philosophy of honouring the healing traditions of the region, while sharing the gift of select signature therapies of the original Spa Villages in Malaysia.

The opulent Bath House experience enables guests to "take the waters" in luxury. Guests will begin their visit with a circuit that includes dipping in three natural thermal pools of varying temperatures, traditional and infrared saunas, a steam room, an ice alcove and elegant relaxation areas.

Spa Village Bath integrates the treasured waters of Bath with private aquatic body therapies and classic treatments that focus on personalised aromatherapy, balancing the fine line between science and art.

The serene environment of the spa is bathed in natural light emanating from the glass atrium perched above the Bath House. Located over two levels, Spa Village Bath also features 1 treatment room which include a couples' suite with private access to the natural thermal waters, and 2 "tatami" rooms designed especially for the award-winning Asian therapies. Guests can satisfy their daily workout needs in the 24-hour fitness centre.





## BATH HOUSE CIRCUIT

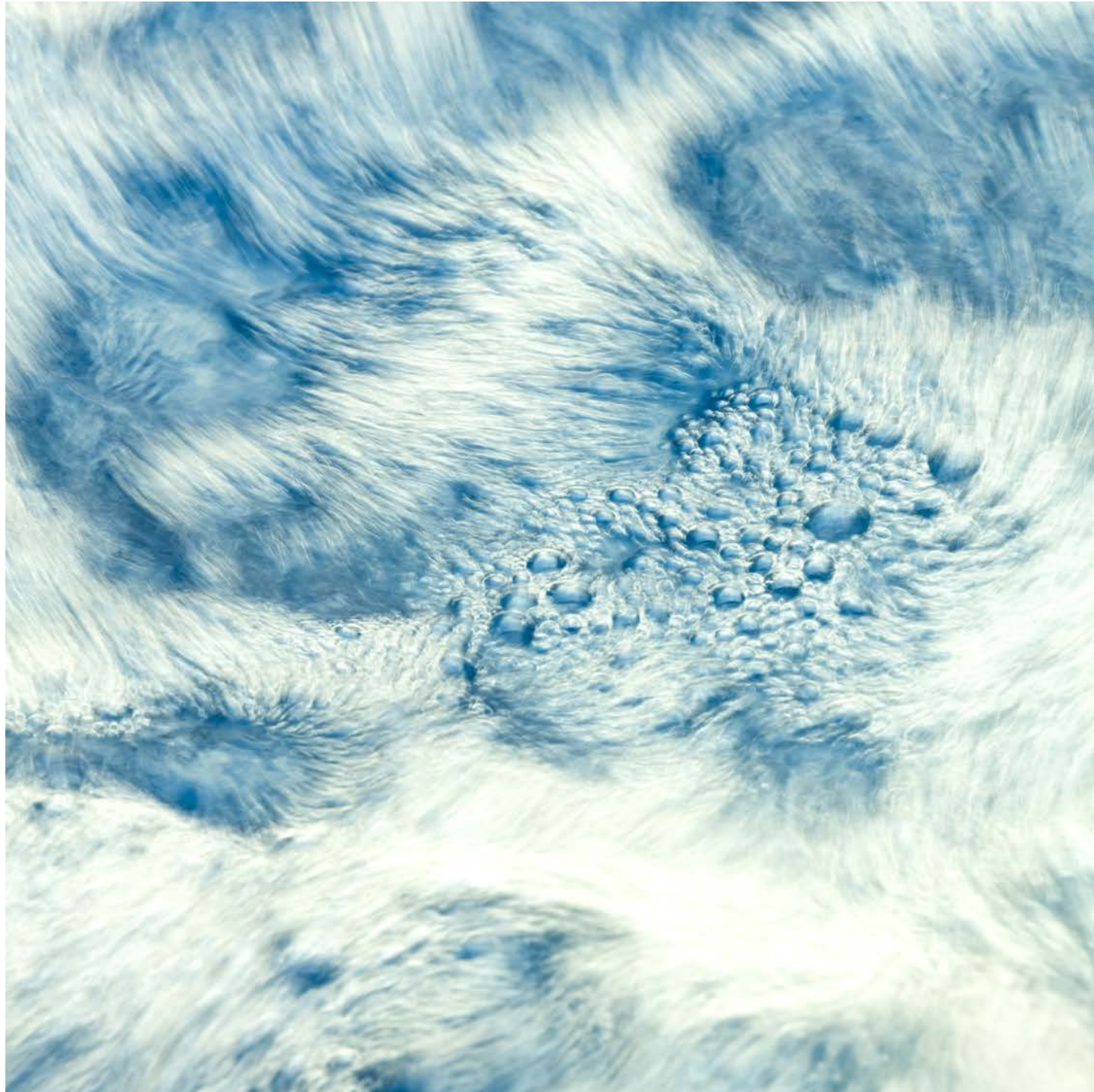
The natural thermal waters of Bath are the core of the Spa Village Bath experience. Guests are encouraged to allocate approximately one hour to fully enjoy the self-guided bathing circuit.

The Bath House is a facility for both ladies and gentlemen, and swimsuits are required. The Bath House is complimentary to all hotel guests of The Gainsborough Bath Spa during designated in-house bathing hours or with a scheduled spa treatment.

Members can enjoy the privacy of the members' lounge while relaxing and savouring the effects of their experience.

The Gainsborough Bath Spa guests who desire a more immersive spa experience can stay in one of the two Bath Spa guest rooms or the sumptuous Bath Spa Suite. All three rooms are located directly above Spa Village for the ultimate ease of access and include special baths that fill with the natural thermal waters.





## MINERAL CURE RITUALS

The healing mineral-rich waters of Bath have been flowing for thousands of years. They have seen the rise and fall of civilisations around her and remain an eternal draw for health and wellness seekers. As current custodians of these treasured waters, we have the privilege to share with our guests a selection of the most powerful and curative mineral-based treatments. These treatments have been designed to intensify and continue the properties of our mineral-rich waters, easing muscles and joints, reducing inflammation, and detoxifying the body.

## FOR THE BODY

### HUNGARIAN MUD DETOX

85 Minutes

This deeply detoxifying and cleansing treatment utilises the curative nature of the mineral-rich Hungarian Moor Mud from Lake Hévíz. This body experience begins with a stimulating full-body exfoliation using sea salt, Hungarian Moor Mud, and capsicum peptide, followed by a warm healing mud wrap and a revitalising scalp treatment. After rinsing, enjoy a full-body massage using specialised firming oil that promotes youthful elasticity, reduces the appearance of stretch marks, and leaves the skin soft, silky, and re-mineralised.

Excellent for tired aching muscles, poor circulation, fluid retention, cellulite, stretch marks, jet lag, and disruptive skin conditions.

\*\*Client note - This treatment requires showering and washing of the hair. Not suitable for pregnancy or sunburn.

### GOLDEN BODY TREATMENT

85 Minutes

Our most luxurious body treatment to repair and soften skin. This treatment showcases the proven anti-inflammatory properties of gold, which helps to heal micro-damage in the skin and tissues. We begin with a gentle exfoliation using gold-enriched sugar, followed by an ultra-hydrating full-body massage employing warmed stones and a dreamy-scented shimmer oil containing Colloidal Gold to repair, calendula to calm, rice germ to nourish, and vitamin E to boost collagen.

\*\*This treatment requires showering.

### WARM MINERAL MUD SCRUB

50 Minutes

This detoxifying and relaxing treatment starts with a vigorous and stimulating exfoliation of the whole body, using warm Hungarian Moor Mud mixed with Dead Sea Salt and Capsicum Peptide to refine the skin texture, leaving it radiant and soft. A warm Firming Body Oil with Vitamin E, Sage, Rosemary, and Geranium is then used for a massage to boost skin elasticity while balancing and calming the body and senses.

\*\*This treatment requires showering.

## FOR THE FACE

### MINERAL REVITALISING FACIAL

50 Minutes

Tailored to your particular skincare needs, this customised facial addresses your skin concerns or desires with selected high-performance Omorovicza products. Each treatment is anchored by Omorovicza's award-winning Hungarian Facial Massage and revitalising Hungarian Moor Mud, providing a unique reset whether to calm and soothe sensitive skin conditions, or to deeply cleanse, purify, and treat blemished skin issues. Your therapist will customise your facial to meet your needs and match your skin type. A double cleanse, arm and hand scrub, plus massage and hyaluronic lip-plumping treatment set this facial apart!

\*\*Recommended for normal to combination skin types with deep-cleansing results.

### THE QUEEN'S SKIN THERAPY

50 Minutes

A luxurious facial treatment designed for sensitive, dehydrated, and hormonally challenged skin. Tapping into the ultra-hydrating effects of Omorovicza's Queen Collection and combined with the top-performing Blue Diamond and Gold Collection, this highly sensorial experience leaves the skin plump, radiant, and youthful.

\*\*Suitable for all skin types with super-hydrating, nourishing, and calming results.

### GOLD HYDRALIFTING MINERAL FACIAL

85 Minutes

A true anti-ageing remedy, this replenishing facial is the ideal prescription for dry, damaged skin, concerned with a lack of firmness and elasticity.

The Gold Hydralifting Facial harnesses the skin-strengthening power of colloidal gold, a potent anti-inflammatory that works to restore and repair the skin's barrier for a firmer and more youthful appearance. After a double cleanse and mild exfoliation to encourage cell renewal, the Gold Hydralifting Mask will provide an instant lift and deep hydration. A velvety flash-treatment with a delicate rose scent, this mask uses three forms of hyaluronic acid and bio-available gold to plump, nourish, and soothe skin while repairing micro-damage. While relaxing with the mask on, expect to fully unwind with a hand and arm massage, using Omorovicza's shimmering Gold Collection body icons. As a final step, the therapist will stimulate cell renewal and collagen production with an authentic Hungarian facial massage, warmed rose quartz wands, and cooling derma globes to de-puff the eyes, instantly lifting and firming skin.

\*\*Excellent for mature skin types with anti-ageing, lifting, and firming results.





## SPA CLASSICS

Our offering of trusted and beloved spa classic massages and body treatments.

### LOLA'S APOTHECARY AROMATHERAPY MASSAGE

50 Minutes

Float away with our signature aromatherapy massage featuring Lola's Apothecary precious aroma blends. Handcrafted in micro-batches on Lola's countryside estate in Devon, these luxurious oils synergise potent essential oils, nourishing fatty and amino acids, and expert artisan blending magic. The power of aromatherapy is combined with a rhythmical technique designed to elicit the relaxation response.

\*\*This massage is an ideal choice for anyone with a busy mind wishing to reduce stress.

### ROMAN RENEWAL

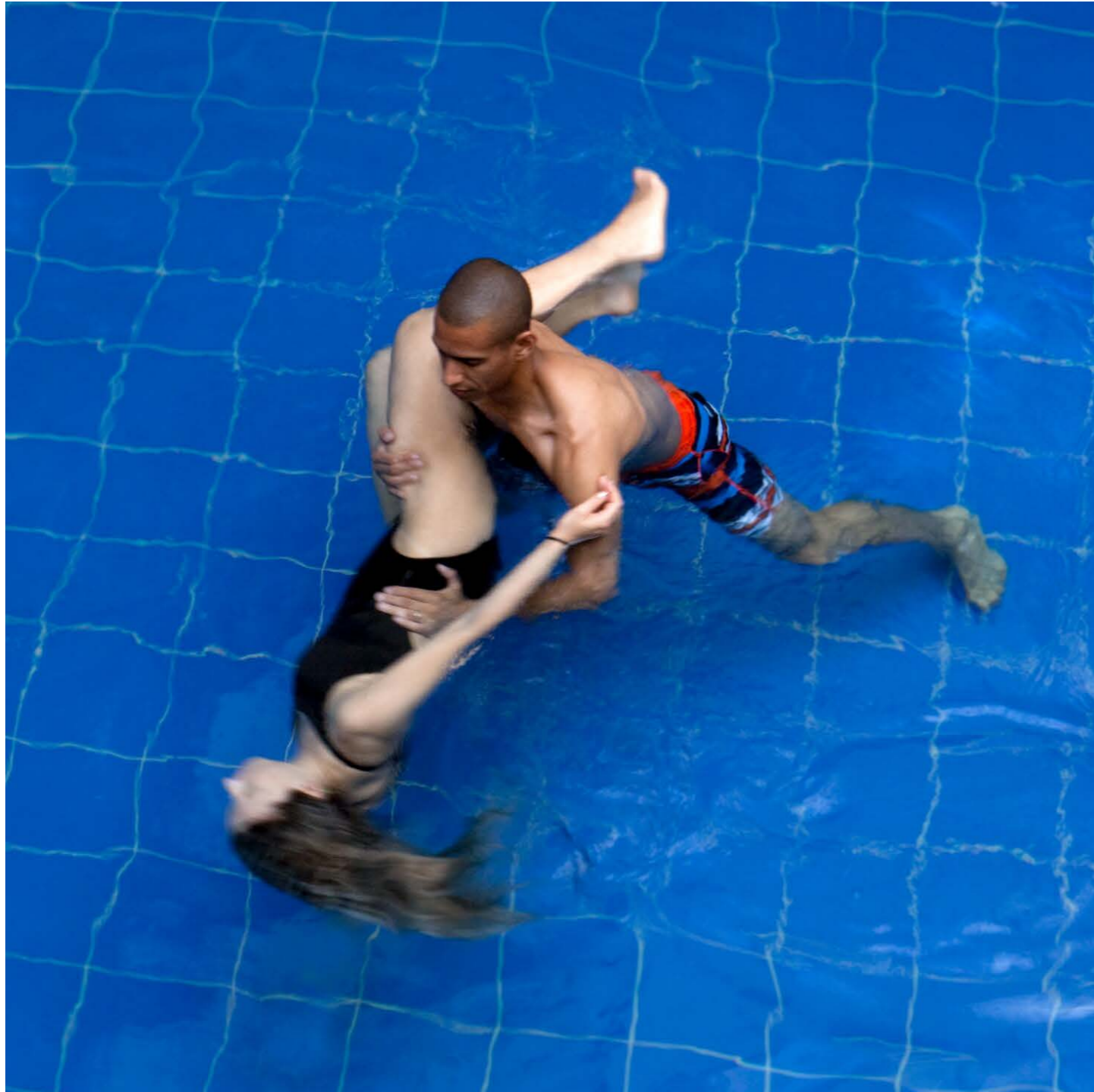
110 Minutes

Deliciously fragranced with Lola's delicate essential oils, this highly moisturising and decadent treatment begins with a gentle body buffing followed by a generous application of rich body butters and a creamy emulsion of whipped pink clay. This unique blend is fully absorbed in a full body massage. To complete this head-to-toe experience, you are treated to a classic Omorovicza facial that includes cleansing, toning, masking, serums and Omorovicza's renowned facial massage.

### RE-ENERGISING BAMBOO MASSAGE

50 Minutes

A deeper pressure massage using warm bamboo sticks is a unique way to work deeper into areas of muscular tension and release stress. The rolling and kneading of bamboo stimulate and heat the body, enhancing circulation and dissipating toxins. This treatment will leave you feeling relaxed and re-energised.



#### GAINSBOROUGH BESPOKE MASSAGE

50 Minutes

We invite you to enjoy an unsurpassed level of relaxation with our enhanced full-body massage curated to your liking. Warmed, aroma-infused towels are applied 'compression-style' to the body to prepare the muscles for classic Swedish-style massage techniques to ease tension and relieve pain. This session can be a head-to-toe massage for full-body relaxation or tailored by you to focus on personal areas of concern.

#### FREESTYLE DEEP TISSUE MASSAGE

50 Minutes

Following a consultation with the therapist, our Deep Tissue massage involves a stronger pressure application, specific stretches, and mobilisation techniques where most needed. This session can be a head-to-toe massage for full-body relaxation or tailored by you to focus on personal areas of concern.

#### BACK TO VITALITY

50 Minutes

Targeting the areas that need the most attention, this face and body express experience begins with a tension-relieving back and shoulder massage, transitioning to a mini-revival facial.

## SPA RECOMMENDATIONS AND GUIDELINES

Enjoy a full range of amenities when visiting the Spa Village Bath, including a robe, slippers, private locker, and bath and vanity products.

Services that are listed with a \* symbol are considered heat treatments and are not recommended for guests who have heart conditions, suffer from heat sensitivity, or are pregnant.

In consideration of other guests, we ask that all mobile phones be turned off while at the spa. The Spa Village Bath is a non-smoking facility. Kindly bring a swimsuit for use in the Bath House.

### OPENING TIMES

Complimentary Bath House:

In-house hotel guests only

7am – 9am and 8pm – 10pm

### SPA TREATMENTS

10am – 8pm

Guests are entitled to complimentary use of the Bath House when booking a spa treatment.

### RESERVATIONS

Advance reservations are recommended. If in-house, touch 5320 or 5321 between 7am and 10pm.

You may also call Spa Village Bath at +44 (0) 1225 355 320 or email [spavillage@thegainsboroughbathspa.co.uk](mailto:spavillage@thegainsboroughbathspa.co.uk).

### CHECK-IN

Please check in at the Spa Reception Desk 60 minutes prior to your first appointment to enjoy the Bath House facilities. For comfort, we invite you to wear your guest room robe. We regret that late arrivals will not receive an extension of scheduled treatments.

### FACILITY USAGE

All in-house guests of The Gainsborough Bath Spa enjoy complimentary use of the spa facilities during designated Bath House hours or with any 45-minute and above scheduled spa service. All prices are subject to change without prior notification.

### AGE REQUIRED

Spa Village Bath guests must be 16 years old or older.

### AROMA BAR

Be sure to visit the Aroma Bar for an array of spa products and spa-related goods.

### CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 24 hours' notice if you must cancel or change any treatments. Without this notification, you will be charged in full.

### GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.

### MEMBERSHIP

Exclusive membership to Spa Village Bath provides you access to the finest luxury spa facilities and unrivalled thermal water bathing. Subscriptions are limited to ensure optimal enjoyment of member privileges.

For enquiries, contact Spa Village Bath at [spavillage@thegainsboroughbathspa.co.uk](mailto:spavillage@thegainsboroughbathspa.co.uk) or visit our website at [www.thegainsboroughbathspa.co.uk](http://www.thegainsboroughbathspa.co.uk).



## PRICE LIST

### MINERAL CURE RITUALS

#### FOR THE BODY

	WEEKDAY	WEEKEND
Hungarian Mud Detox (85min)	£225	£250
Golden Body Treatment (85min)	£225	£250
Warm Mineral Mud Scrub (50min)	£175	£200

#### FOR THE FACE

Mineral Revitalising Facial (50min)	£180	£205
The Queen's Skin Therapy (50min)	£185	£210
Gold Hydralifting Mineral Facial (85min)	£225	£250

#### SPA CLASSICS

Lola's Apothecary Aromatherapy Massage (50min)	£165	£190
Roman Renewal (110min)	£285	£310
Re-Energising Warm Bamboo (50min)	£170	£195
Gainsborough Bespoke Massage (50min)	£150	£175
Freestyle Deep Tissue (50min)	£170	£195
Back to Vitality (50min)	£150	£175

#### SPA DAYS

	SUN-THU	FRI-SAT
Revitalise	£195	£215
Renewal	£195	£215
Back to Vitality	£195	£215
Time for Two	£390	£430

## SPA VILLAGE BATH

THE GAINSBOROUGH BATH SPA  
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